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Alps activities from Mountain Exposure

MOUNTAIN EXPOSURE IS offering a range of activities in Zermatt in the Swiss Alps this summer including skiing and snow-boarding, hiking trails, mountain lake swimming, tree top fly wires, mountain biking and downhill trail scooters which are large soft-tyred machines that can be taken in the cable-car and used to speed down the mountain trails.

Prices at the company's flagship five-star property, The Lodge, start from £4,000 per week for ten people (£400 per person per week), which it says is ideal for active friends or two families.



Accommodation is on a self-catering basis and includes a private sauna and hot tub. Other chalets are available, sleeping between two and 26 people and fully catered options are available on request.

For details email bookings@mountainexposure.com or see www.mountainexposure.com

The Lodge from Mountain Exposure